

Acupuncture Location Points – by Theo Papadopoulos



CONCEPTION VESSEL 17
Located on the sternum, which is directly in the center of the chest



CONCEPTION VESSEL 6
Located about 3 finger widths below the belly button



GOVERNING VESSEL 14
Located at the base of the back of the neck, where the C7 vertebra protrudes if you tuck your chin to your chest



CONCEPTION VESSEL 22
Located at the base of the throat, in the depression, in the center of the collar bone



LARGE INTESTINE 4
Located on the back of the RIGHT hand, in the web, on the bone of the index finger



LIVER 3
Located on the top of the RIGHT foot, in the web of the big toe



GOVERNING VESSEL 2
Located at the base of the spine, just above the tail bone



LUNG 9
Located at the depression at the crease in the RIGHT wrist, when you follow the thumb down to the crease



HEART 7
Located on the RIGHT inside wrist crease, about one finger width from center, toward the small finger



SPLEEN 6
Located about four finger widths above the RIGHT inside ankle bone, on the tibia bone



KIDNEY 3
Located in the depression just behind the RIGHT inside ankle bone



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Located about 3 finger widths below the belly button



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Located on the back of the RIGHT hand, in the web, on the bone of the index finger



GOVERNING VESSEL 14
Located at the base of the back of the neck, where the C7 vertebra protrudes if you tuck your chin to your chest



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Located on the top of the RIGHT foot, in the web of the big toe